

Hi (g)row community!

We've been busy at the store this summer, stocking up on high quality essentials to make life easier on you and your little ones. Come visit and check out our new products–we've got a variety of beautiful and unique clothing items, locally made and handmade products, and just plain *fun* things that you and your children will love!



Current Favorites

Summer is such a great time of the year for travel. From beach vacations, to road trips, to making time for all the great local attractions–the summer months can be jam packed!

Despite how fun traveling can be, finding yourself in the car or on a plane for hours on end with small kids is not always the easiest experience. Luckily, we're well stocked at (g)row with these travel coloring books from Jaq Jaq Bird travel coloring books!

These coloring books are mess free (a parent's dream) and will keep your little ones entertained while you're on the road. They come in three, beautifully designed covers, and are compact and lightweight, making them easy to stow in the car or in a diaper bag. They are compatible with washable markers, or these dust free washable chalk, and wipe clean easily with a damp cloth.

One of the best things about these coloring books is that they are reusable. Your child can create and design over and over again while you're on the go!





Tips and Tricks

Does it seem like your baby is *constantly* dropping their teether? You've just rinsed it off for the umpteenth time when your little one launches it into the

air again. It might be a favorite game for developing babies, but it sure gets old after a while.

Especially when you're in the grocery store. Or out for a walk. Or in a public restroom, ew.

This simple hack ensures you're not constantly making trips to the sink, or reaching for another sanitizing wipe to clean the teether *again*. Better yet, you're not worrying about what new germs the baby might be bringing to their mouth! These (adorable) pacifier clips are a perfect solution–clip the teether (or toy, or whatever it is they keep throwing) right to your baby!



gather with (g) row

Thanks to everyone who has joined us for our storytimes and strolls this summer. We've got even more in the works, so keep an eye on our website or social media so that you can join in too!

Upcoming gatherings:

- <u>Childbirth and Postpartum Education Class-Beginning August 13th</u> taught by Emily Gaul, Birth Doula
 - Helping expecting and new mamas to navigate the childbirth and postpartum days
- Babies and Beers at Common Roots Brewery
 - We're taking over the biergarten at Common Roots Brewing Company on Thursday, August 18th from 3:30-5:30pm. Bring your littles along-there will be fun for all!
- <u>Storytime at (g)row</u>
 - Join us at (g)row for a free story time every Sunday at 11am featuring guest readers and stories available for purchase!
- <u>Stroll with us!</u>
 - "Stroll" with us the second Monday of every month! All are welcome- dads, caregivers, grandparents, moms, everyone! Bring your little ones in a stroller, carrier, on a scooter, in a wagon, come on your own, or show off your bump! (g)row group walks are a great way to meet others in our community who have little ones. (Walks are approximately 30 minutes long at a 20 min/mile pace.)
- <u>Baby-Led Weaning-Started August 10th-still a few spots available!</u> led by Registered Dietitian, Caitlyn Edson
 - In this four week course, you will learn all the basics of baby led weaning. This will include what gear to purchase (and what's not necessary), safe positioning, consistencies and sizing, how to include purees, introducing the allergens, and more.
- <u>Grooving at (g)row-Started August 3rd–still a few spots available!</u>
 - A musical adventure for children ages 0-5
 - \$100 for all 4 classes!
- Mini Yogis (ages 3-5)-August Sessions
 - 4 week class led by experienced yoga practitioner Clare Rainwater

